



Quinta da Bufala

Corporate Experience Packages

We offer three tiers of corporate retreat packages—Essential, Enhanced, and Elite—all designed to elevate team performance, foster emotional intelligence, and align with your organization's vision, mission, and values (VMV).

Essential Package: Build Foundations

Price: Starting from €400 per person per day

The Essential Package offers a structured, cost-effective experience with core elements to enhance team synergy and individual wellbeing.

Who's this for:

Ideal for groups craving unique, proven experiences that strengthen team bonds, inspire creativity, and promote wellbeing.

Inclusions:

- Wellbeing Diagnostic Assessment: Standardized pre-retreat survey to identify team needs.
- Holistic Wellbeing Practices: Daily group yoga/movement, meditation, and breathwork sessions (pre-set selection).
- Team Building & Synergy Development: Standardized group exercises to highlight strengths and establish team alignment.
- Impact Mapping: Facilitated group session to assess and articulate you and your team's impact on the overall organization.
- Creativity & Play: Pre-designed nature-based activities to seed collaboration.
- Awards Ceremony: Recognition event celebrating contributions.
- F&B: Healthy, group meals tailored to dietary needs, served in Quinta da Bufala's natural setting.



Typical Day:

- Morning:
 - Group yoga/movement session
 - Check-in
 - Diagnostic Review
- Mid-Morning:
 - Team-building exercise focusing on strengths and collaboration
- Lunch: Curated group meal fostering team bonding
- Afternoon:
 - Impact Mapping session
 - Guided nature-based creativity activity
 - Guided reflection and closing practice
- Evening:
 - Awards ceremony with team recognition
 - Facilitated Group reflection over dinner



Enhanced Package: Promote Personalized Growth

Price: Starting from €700 per person per day

The Enhanced Package builds on the Essential tier with tailored activities based on the diagnostic assessment, offering deeper engagement.

Who's this for:

Perfect for groups desiring personalized, proven experiences that not only strengthen team bonds and promote wellbeing but also drive enhanced performance through tailored, high-impact activities.

Inclusions:

- All Essential Package elements.
- Pre-Retreat Orientation & Intention Setting Session
- Holistic Wellbeing Practices: Expanded menu of practices that include movement, yoga, meditation, breathwork sessions and visualisation, all customized to team needs.
- Strengths Awareness Exercises: Targeted activities to deepen understanding of individual contributions.
- Enrollment & Motivation Activities: Tailored teachings to foster a shared understanding, which is the basic building block to increasing motivation.
- Solution-Oriented Working Session: One customized workshop addressing a specific team challenge (selected from Menu of Workshops).
- Personal Growth Time: Extended, guided time for reflection, self-practice, and access to all Quinta da Bufala offerings.
- F&B: Curated dining experiences with premium, locally sourced ingredients, tailored to team preferences.

Typical Day:

- Morning:
 - Personalized yoga or breathwork session based on team preferences
 - Review of tailored Wellbeing Diagnostic Assessment results
- Mid-Morning:
 - Strengths awareness exercise to highlight individual roles
- Lunch: Gourmet group meal with time for informal bonding.



- Afternoon:
 - Customized VMV re-alignment session
 - Solution-oriented workshop addressing a specific team challenge
- Late Afternoon:
 - Nature-based creativity and play activity tailored to team dynamics
 - Guided personal reflection time
- Evening:
 - Awards ceremony with personalized recognition
 - Seasonal drinks and nibbles to close the day



Elite Package: Fully Bespoke Excellence

Price: Starting from €1200 per person per day

The Elite Package is a fully customized, high-touch experience designed to address your team's unique challenges and aspirations. It maximizes growth, emotional intelligence, and high-performing team dynamics.

Who's this for:

Ideal for visionary teams seeking a fully bespoke, high-impact experience that boosts performance, deepens connections, and ignites creativity and growth. Delivers actionable strategies and measurable results that last beyond the retreat.

Inclusions:

- All Enhanced Package elements.
- Bespoke Agenda: Gret and Laura will Interpret your Wellbeing Diagnostic Assessment and advise the full program of events during a pre-retreat orientation call with the leadership team.
- Solution-Oriented Working Session: Multiple bespoke workshops addressing complex team challenges.
- Team Building & Synergy Development: Custom-designed exercises to optimize team cohesion and performance.
- Strengths Awareness Exercises: Personalized activities to map individual contributions to team and organizational purpose.
- Reflection on Team Alignment: Bespoke exercises exploring team dynamics and their impact on organizational success.
- Enrollment & Motivation Activities: Custom teachings to build a shared team vision and purpose.
- Embodied Cognition Play: Techniques that blend physical movement, sensory experience with your surroundings, and mental engagement to support learning, problem-solving, and self-awareness.
- Post Retreat Integration: 2 x Group calls to ensure easeful transitions and growth strategies, practices and tools.
- F&B: Premium, bespoke dining experiences with chef-curated menus, tailored to individual and team preferences.



Typical Day:

- Morning:
 - Bespoke wellbeing practice (e.g., personalized yoga, breathwork or meditation) based on individual and group needs
 - Opening Circle & Check-In
 - In-depth review and synthesis of one-on-one Wellbeing Diagnostic Assessment results
- Mid-Morning:
 - Custom team-building exercise focusing on synergy and individual strengths
- Lunch: Tailored dining experience with facilitated team discussions to deepen connections
- Afternoon:
 - Deep-dive VMV re-alignment with leadership input
 - Bespoke solution-oriented workshop tackling a key team challenge
- Late Afternoon:
 - Unique creativity and play activity designed for your team's goals
 - Guided reflection on the health and dynamics of the team and the individual
 - Extended personal growth time with guided self-practice
- Evening:
 - Fully customized awards ceremony with personalized recognitions
 - Chef-curated dinner